

ROUNDTABLE

IMPORTANT DATES



Wreath Placement
December 7
Andrew Johnson
National Cemetery



Wreath Ceremony
December 9
Andrew Johnson
National Cemetery



Wreaths Across America
December 16
Mountain Home VA Cemetery



Council Service Center &
Scout Shop closed
for the Holidays
December 20 - January 2

*Happy
Holidays*



See the full
calendar



SequoyahCouncil.org/calendar

University of Scouting

University of Scouting



Cub Scout STEM School
Merit Badge University
Leader Academy

New in 2024: The University of Scouting is growing!

The event will encompass
the following areas of study...

- Cub Scout STEM School: Cub Scouts and their grownups will take part in a full day of Science, Technology, Engineering, and Math activities.
- Merit Badge University: Scouts will be able to choose two of over a dozen Merit Badge courses.
- Leader Academy: Cub and Scouts BSA leaders have the opportunity to complete training courses.



Registration is now open!
Class registration opening soon...

Scan the QR code
or register online
scoutingevent.com/713-24UofS



**United
Way**





BSA SAFETY MOMENT

ORTHAPEDIC INJURIES



SUMMARY

We all know how easy it is to turn an ankle on a rough trail with a heavy pack on our backs—an injury that can quickly bring a trip to an unpleasant end. Injuries of the bones (fractures), joints (dislocations), ligaments (sprains), or muscles and tendons (sprains) are common after falls, collisions, twists, or overuse. Fortunately, many of these types of injuries can be prevented.

GENERAL INFORMATION

Prevention and Incidence

Scouting involves vigorous physical activity, and can put anyone participating at risk for injury. To identify and reduce injuries, we must understand both the activity and the risks involved, which includes planning, preparation, observation, and supervision. It is important to prepare for the activity, select a safe site, use well-maintained equipment, provide appropriate supervision, and have the necessary supplies and knowledge to treat injuries that may occur.

Assessment of Injury

First-aid assessment of orthopedic injuries is completed with the DOTS assessment technique (deformity/open wound/ tenderness/swelling). Deformity indicates an acute problem, e.g., a broken bone. Presence of an open wound may be an important indication of a severe problem. Other indications of injury include localized tenderness and swelling, as well as an inability to bear weight.

Treatment of Minor Injuries

The **RICE** method (rest, ice, compression, and elevation) is the appropriate treatment for most minor soft tissue injuries.

- **Rest**—Stop using the injured area.
- **Ice**—Apply cold therapy for 15 to 20 minutes every four hours. Never apply ice directly to the skin; instead, place a thin cloth between the ice and the skin to prevent skin damage.
- **Compression**—An elastic bandage can help prevent swelling and provide support. Remember: Do not wrap it so tightly that it cuts off circulation. Be sure to check for circulation, sensation, and motion after applying the wrap and periodically thereafter. Signs to check for include decreased sensations, throbbing pain that is different from the injury, tingling, bluish or mottled skin, or a decreased pulse. If any of these signs are present, the wrap should be released and reapplied.
- **Elevation**—Raise the injured extremity above the level of the heart when possible. This will help reduce swelling.

When to Seek Advanced Care

- Any open wound associated with a potential orthopedic injury, including puncture wounds located near a joint, requires emergency medical care.
- If symptoms persist (swelling, pain, deformity, or inability to bear weight), the injured person should be transported for advanced care and assessment.

First-aid kits should include a SAM-type splint and material for padding bony prominences, as well as elastic bandages, e.g., Ace wraps. Encourage your unit to take BSA's wilderness first aid course for any adventure, especially those that take place in the backcountry.



RESOURCES:

scouting.org/health-and-safety/safety-moments/orthopedic-injuries



**Guide To
SAFE Scouting**

Registration Open
WINTER CAMP
 2024
 January 12th - 15th



campdavycrockett.org/winter-camp



WHAT ARE YOU DOING THIS SUMMER?

CAMPDAVYCROCKETT.ORG



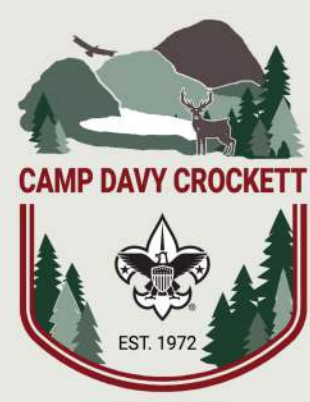
June / July 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 June	10	11	12	13	14	15
Week 1						
16	17	18	19	20	21	22
Week 2						
23	24	25	26	27	28	29
Week 3						
30	1 July	2	3	4	5	6
Week 4						
7	8	9	10	11	12	13
Week 5						
14	15	16	17	18	19	20
Week 6						

REGISTRATION NOW OPEN FOR SUMMER 2024!!!



SCAN OR GO TO

CAMPDAVYCROCKETT.ORG





FEBRUARY 4 - 10

ARE YOU READY FOR SCOUTING ANNIVERSARY WEEK? FEBRUARY 4-10, 2024 SCOUTS & SCOUTERS ACROSS THE COUNTRY WILL BE CELEBRATING BY PARTICIPATING IN SERVICE PROJECTS, COMMUNITY EVENTS, AND SCOUT SUNDAY.

THE ANNUAL SCOUTING FOR FOOD DRIVE AND SEVERAL CONTINUOUS CAMPFIRE EVENTS ARE SCHEDULED FOR THIS WEEK. KEEP AN EYE OUT FOR MORE INFORMATION ON THE COUNCIL WEBSITE AND IN THE ROUNDTABLE PACKET/RECAP IN JANUARY.



TO HELP OTHER PEOPLE AT ALL TIMES;



Wreaths Across America

Saturday, December 16th

**Mountain Home VA Cemetery
Johnson City, TN
11:45 am
Gather at the Gate**



Wreaths of Remembrance

**Andrew Johnson National Cemetery
Greeneville, TN**

**Wreath Placement:
Thursday, December 7th
9 am until finished**

**Ceremony:
Saturday, December 9th
10:30 am - 12 Noon**



Calling All Middle School Students!

Share your ideas and show off your civics skills in the National Civics Bee.

About the Bee

The National Civics Bee is an annual competition that encourages young Americans to engage in civics and contribute to their communities. In the first round of the contest, students will participate in an essay competition. Judges will then select 20 finalists to participate in the final round: a live quiz event testing civics knowledge.

How to Enter

If you are a 6th, 7th, or 8th grade student with an idea about using civics to solve a problem in your community, review the rules and guidelines on this page:

johnsoncitytnchamber.com/civicsbee
(case sensitive)

Next, complete the online submission form, including contact information for your parent or guardian, and upload (preferred method) or mail your 500-word essay.

DEADLINE: Essays must be received by January 8, 2024 at 11:59 p.m. EST

Johnson City Chamber of Commerce
Attn: Cooper Reaves
602 Sevier St. Unit 101. Johnson City, TN 37604
reaves@johnsoncitytnchamber.com

The National Civics Bee is presented by the Johnson City Chamber of Commerce Foundation, with support from the U.S. Chamber of Commerce Foundation.

LOCAL

\$500
cash prize
FIRST PLACE

\$250
cash prize
SECOND PLACE

\$125
cash prize
THIRD PLACE

STATE

\$1,000
cash prize
FIRST PLACE

\$500
cash prize
SECOND PLACE

\$250
cash prize
THIRD PLACE

NATIONAL

State Finalists who advance to the national competition will compete for prizes worth more than **\$50,000**.

Essay Topic

Identify a problem facing your community. How might a citizen solve the problem? Write a 500-word essay, two pages, double-spaced, that includes the following:

- What is the problem, and how do different members in your community or neighborhood view it?
- What civic principles or systems could help to address the problem?
- What is your idea or recommendation for solving the problem?
- What primary sources, such as the Declaration of Independence or the United States Constitution, provide supporting evidence or examples for your idea or recommendation?
- How might members of your community or neighborhood bring your idea or recommendation to life?

Judging Criteria

Your essay will be evaluated based on how well you:

- Demonstrate an understanding of civics
- Acknowledge and address opposing points of view
- Use primary sources
- Clearly describe an idea innovative or new to you

Best of Luck!



Happy Holidays!

The Sequoyah council Service Center & The Scout Shop will be closed December 20 - January 2 for the winter holidays.

The Service Center & Shop will reopen January 3 with regular business hours.



BOY SCOUTS OF AMERICA
SEQUOYAH COUNCIL

Council Training



Training Available
at Winter Camp
January 12- 15
Camp Davy Crockett



Trainer's EDGE
January 20
Council Service Center

Online Training Available 24/7

Youth Protection

Hazardous Weather



Search: Hazardous Weather

Why is Youth Protection Training Important?

- Youth Protection training is required for all BSA registered volunteers and is a joining requirement.
- Youth Protection training must be taken every two years. If a volunteer's Youth Protection training record is not current at the time of recharter, the volunteer will not be re-registered.



Visit Sequoyahcouncil.org/calendar for more details and to register for all of these courses as well as other upcoming events and activities.

For questions regarding training, contact Jay Oberfeiting, Council Training Chair at wayne.oberfeiting@gmail.com

